

# AWTTC Best Practice Day

Tuesday 9th July 2019

Ricoh Suite, Cardiff City Stadium, Cardiff

Chair: Mrs Louise Howard Baker



**WAPSU**

Welsh Analytical Prescribing Support Unit  
Uned Cymorth Presgripsiynu Dadansoddol Cymru



**AWTTC**

All Wales Therapeutics & Toxicology Centre  
Canolfan Therapiwteg a Thocsicoleg Cymru Gyfan

## Agenda

8.45 am	Registration
9.15 am	Chair's Introduction
9.20 am	Tapering the 'opioid crisis' - where, what, why and when <b>Emma Davies, Advanced Pharmacist Practitioner in Pain Management, Swansea Bay UHB</b>
9.50 am	Pharmacist-led chronic non-malignant pain medication review clinic in GP Practice <b>Ceri Clatworthy, Primary Care Pharmacist, Cardiff &amp; Vale UHB</b>
10.10 am	Valleys Steps - Psycho-education as the third way in addressing stress, anxiety and depression <b>Richard Bundy, Executive Director, Valley Steps</b>
10.40 am	Refreshments
11.00 am	Antidepressants and prescribed drug dependence - Campaigning for change <b>Stevie Lewis, Campaigner for better recognition and support of prescribed drug dependence</b>
11.40 am	New ways to wellbeing - Social prescribing in Swansea <b>Cindy Hayward, Cwmtawe Social Prescribing Co-ordinator</b>
12.00 pm	The impact of introducing a medicines management service to prevent unplanned admissions <b>Bethan Evans, Prescribing Advisor, Hywel Dda UHB</b>
12.20 pm	Lunch

Continued overleaf





## Agenda (Continued)

<b>Interactive sessions—Delegates to attend their 5 session choices</b>																			
<b>1.00 pm</b>	<table border="1"> <tr> <td style="background-color: #cccccc;"><b>Aneurin Bevan</b></td> <td> <ul style="list-style-type: none"> <li>Falls</li> <li>Clozapine use in primary care</li> </ul> </td> </tr> <tr> <td style="background-color: #cccccc;"><b>Betsi Cadwaladr</b></td> <td> <ul style="list-style-type: none"> <li>PPIs</li> </ul> </td> </tr> <tr> <td style="background-color: #cccccc;"><b>Cardiff &amp; Vale</b></td> <td> <ul style="list-style-type: none"> <li>A multifaceted approach to tackling the gabapentin and pregabalin National Prescribing Indicator</li> </ul> </td> </tr> <tr> <td style="background-color: #cccccc;"><b>Cwm Taf Morgannwg</b></td> <td> <ul style="list-style-type: none"> <li>Service developments for technicians and pharmacists in primary care</li> </ul> </td> </tr> <tr> <td style="background-color: #cccccc;"><b>Hywel Dda</b></td> <td> <ul style="list-style-type: none"> <li>DOACs</li> <li>Frailty</li> </ul> </td> </tr> <tr> <td style="background-color: #cccccc;"><b>Powys</b></td> <td> <ul style="list-style-type: none"> <li>Delayed prescribing of antibiotics</li> </ul> </td> </tr> <tr> <td style="background-color: #cccccc;"><b>Swansea Bay</b></td> <td> <ul style="list-style-type: none"> <li>GP Prescribing Clerks Scheme</li> </ul> </td> </tr> <tr> <td style="background-color: #cccccc;"><b>Velindre</b></td> <td> <ul style="list-style-type: none"> <li>Antimicrobial stewardship</li> <li>Assessment of patients pre-chemotherapy: a patient centred approach</li> </ul> </td> </tr> <tr> <td style="background-color: #cccccc;"><b>AWTTC</b></td> <td> <ul style="list-style-type: none"> <li>Medicines Safety Dashboard and SPIRA</li> </ul> </td> </tr> </table>	<b>Aneurin Bevan</b>	<ul style="list-style-type: none"> <li>Falls</li> <li>Clozapine use in primary care</li> </ul>	<b>Betsi Cadwaladr</b>	<ul style="list-style-type: none"> <li>PPIs</li> </ul>	<b>Cardiff &amp; Vale</b>	<ul style="list-style-type: none"> <li>A multifaceted approach to tackling the gabapentin and pregabalin National Prescribing Indicator</li> </ul>	<b>Cwm Taf Morgannwg</b>	<ul style="list-style-type: none"> <li>Service developments for technicians and pharmacists in primary care</li> </ul>	<b>Hywel Dda</b>	<ul style="list-style-type: none"> <li>DOACs</li> <li>Frailty</li> </ul>	<b>Powys</b>	<ul style="list-style-type: none"> <li>Delayed prescribing of antibiotics</li> </ul>	<b>Swansea Bay</b>	<ul style="list-style-type: none"> <li>GP Prescribing Clerks Scheme</li> </ul>	<b>Velindre</b>	<ul style="list-style-type: none"> <li>Antimicrobial stewardship</li> <li>Assessment of patients pre-chemotherapy: a patient centred approach</li> </ul>	<b>AWTTC</b>	<ul style="list-style-type: none"> <li>Medicines Safety Dashboard and SPIRA</li> </ul>
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<b>Refreshments will be served following session 3</b>																			
<b>3.15 pm</b>	<p><b>Prudent prescribing of human versus analogue insulin</b> <b>Dr Lindsay George, Diabetologist, Clinical Lead for Diabetes, Cardiff and Vale UHB</b></p>																		
<b>3.35 pm</b>	<p><b>Community Pharmacy Sore Throat Test and Treat Service</b> <b>Emma Williams, Cwm Taf Morgannwg UHB</b></p>																		
<b>3.55 pm</b>	<p><b>Questions and Discussion</b></p>																		
<b>4.00 pm</b>	<p><b>Close</b></p>																		